



January 1, 2020

Dear HOBY Ambassador:

Congratulations on being selected to represent your high school at the Nebraska Hugh O'Brian Youth Leadership (HOBY) Seminar. You were chosen because of the outstanding leadership potential you have demonstrated in school and community activities.

The Nebraska HOBY Leadership Seminar will take place from **Friday, May 29 – Sunday, May 31, 2020, on the campus of Concordia University in Seward, NE.** This year, more than 160 sophomores will be in attendance. During the weekend, you will join other "HOBY Ambassadors" from our state to enjoy a unique learning experience. We will present multiple viewpoints on important issues and encourage you to think critically about leadership, and also begin to identify your own particular leadership strengths. The seminar will be an enjoyable experience in a stimulating workshop environment. What you get out of the seminar will correlate directly with your level of participation in the activities – come prepared to interact!

You and your parents/guardians must complete the **MANDATORY PRE-SEMINAR CONFIRMATION PACKET/FORMS** online at: <https://hobynebraska.org/seminar/confirmation-packet/>. Please complete these forms by **Wednesday, May 13, 2019**. The forms will take approximately 20-25 minutes to complete.

If you will be bringing prescription medication with you, you must also complete the **Medication Verification Form for Physicians** (available on the same website above and in this packet) and bring it with you on the first day of the seminar.

If you have any questions or if you find you will not be able to attend the seminar, please contact us at seminar@hobynebraska.org. **Due to the extreme number of questions we receive, please use email if possible.** We are delighted to offer you this opportunity and look forward to greeting you personally at the Nebraska HOBY Leadership Seminar!

Sincerely,

A handwritten signature in black ink that reads "Katherine V. Cole".

Katherine Cole
HOBY Leadership Seminar Chairperson

A handwritten signature in black ink that reads "Bo Gebbie".

Bo Gebbie
President, Corporate Board of Directors

2020 Nebraska HOBY Leadership Seminar Frequently Asked Questions

Q: When and where will the seminar be held?

A: The Seminar will begin on **Friday, May 29, 2020 with registration from 11:00 am – 12:00 pm.** The seminar will take place on the Concordia University campus. Please eat lunch before you arrive, as the first meal served will be dinner.

Q: Where should I go when I arrive?

A: Ambassadors should check in outside of David Hall at **Concordia University (800 N Columbia Ave, Seward, NE 68434)**. Volunteers will be onsite to direct you to parking and registration.

Q: What should I pack?

A: Toiletries such as tooth paste, tooth brush, soap, shampoo, deodorant, hairspray, etc. You will need to provide your own towel (shower shoes and bathrobe optional). Clothing and bedding are outlined below.

Q: What are the accommodations and meals like?

A: You will be staying in air-conditioned dormitory rooms located on campus. You will share a room with another ambassador. The rooms contain twin beds with protective linen provided. Please ensure you bring your own twin sheets, pillow, blanket, towel and toiletries to the seminar. Seminar panels, lunches and meetings will be held in air-conditioned class and conference rooms. **If you have indicated a specific food allergy, please ensure you include that when completing the pre-seminar confirmation forms.**

Q: What exactly am I getting into and what's expected of me?

A: As an ambassador, you are going to be involved in three days of a high energy, educational and emotionally packed event. There will be leadership development activities, cheers and group competitions, along with engaging panels and inspirational speakers. If you have never participated in an event like this before, don't worry – it's a unique experience! Just be prepared to have fun, meet other outstanding people like yourself from all parts of the state, and have great new experiences.

Q: Do I need to bring money to the seminar?

A: You do not need to bring money for meals or activities. However, we do suggest bringing money if you would like to purchase a group picture, conference movie or soda from the vending machines.

Q: If necessary, how may I be contacted during the seminar?

A: Parents, friends, and family members are discouraged from calling students and staff during the seminar due to the confusion created when meetings, panels and meals are interrupted. In case of emergency, parents may contact:

Katherine Cole, Leadership Seminar Chair – (402) 750-9311

Bo Gebbie, Corporate Board President – (402) 968-5005

Q: What should I wear at the seminar?

A: **Friday & Saturday:** You will receive your HOBY t-shirt upon arrival and will wear it both days. (The Junior Volunteers will wash them on Friday evening and deliver them to your door on Saturday morning so it's nice and clean). Jeans, shorts, capris and khakis are appropriate to wear with the t-shirt.
Saturday service project: You will want to bring an older pair of jeans/shorts that can be worn on Saturday during the service project. Comfortable closed-toe shoes are a must, as we will be walking frequently on campus.
Saturday church / meditation: There will be options for Catholic and Protestant services on Saturday evening, or a meditation/silent time on campus. Please bring "business casual attire," for Saturday evening.
Saturday dance: The theme will be Neon. Think Neon colors, or anything bright. Feel free to bring fun, but appropriate, attire!
Sunday: Males should wear a dress shirt, dress pants, tie and blazer (if available). Women should wear a dress, skirt or pantsuit. (Note, this is "Sunday Best", not "Formal Dress.")

Q: What if I need to take prescription medication while I am at the seminar?

A: Please provide information about your medication on the Medical History Records Form and bring the Physician Medication Verification Form with you to the seminar (documents are included in this packet). Please be sure to read and comply with the Policy for Use of Medication During a HOBY Event.

Q: What transportation arrangements have been made?

A: You are responsible for your transportation **to and from the seminar**. Please include all details of your itinerary on the enclosed Participant Confirmation Form. If you have last minute transportation problems, please contact us using the information below. If you need assistance trying to coordinate a ride with another attendee, please email transportation@hobynebraska.org by May 15.

Q: When can I be picked up from the seminar?

A: Ambassadors should plan on departing after 12:45 p.m. on Sunday, May 31, 2020.

Q: What if I have more questions?

A: Prior to May 28, 2019, please contact us via email at seminar@hobynebraska.org. **Please email if at all possible before this date, as our volunteers do not have HOBY phone access during business hours.** After May 28, please contact:

Katherine Cole, Leadership Seminar Chair – (402) 750-9311
Bo Gebbie, Corporate Board President – (402) 968-5005

Q: What if I am unable to attend the seminar?

A: If circumstances arise that prevent you from attending the entire seminar, including overnight, we would like to give another student the opportunity to attend. Please inform your guidance counselor immediately. If it is after June 1, and you cannot attend, please email seminar@hobynebraska.org.

FYI Seminar Updates

If there are updates or changes prior to the seminar, they will be posted on the HOBY website at www.hobynebraska.org, and they will be communicated to ambassadors and parents via email.

FYI Interactive Map

An interactive Concordia University map is available at: <http://www.cune.edu/about/maps/>

FYI Seminar Checklist – Don't forget to bring:

- Any missing medical or notary forms that you have not turned in
- Toiletries – paste, tooth brush, soap, shampoo, deodorant, hairspray, etc.
- Twin sheet, blanket and pillow / Bath towel / shower shoes
- Alarm clock or cell phone alarm
- Jeans, shorts, capris or khakis for Friday/Saturday
- "Neon" attire for the dance on Saturday
- Old jeans or shorts and closed toe shoes for the Saturday service project
- "Business Casual" clothes for Saturday afternoon
- "Sunday best" attire for the closing ceremony on Sunday
- Optional – money for seminar picture, seminar movie, HOBY Store items or vending machines
- A positive attitude and the willingness to have FUN!

If you are attending the Family & Friends Program and Closing Ceremony:

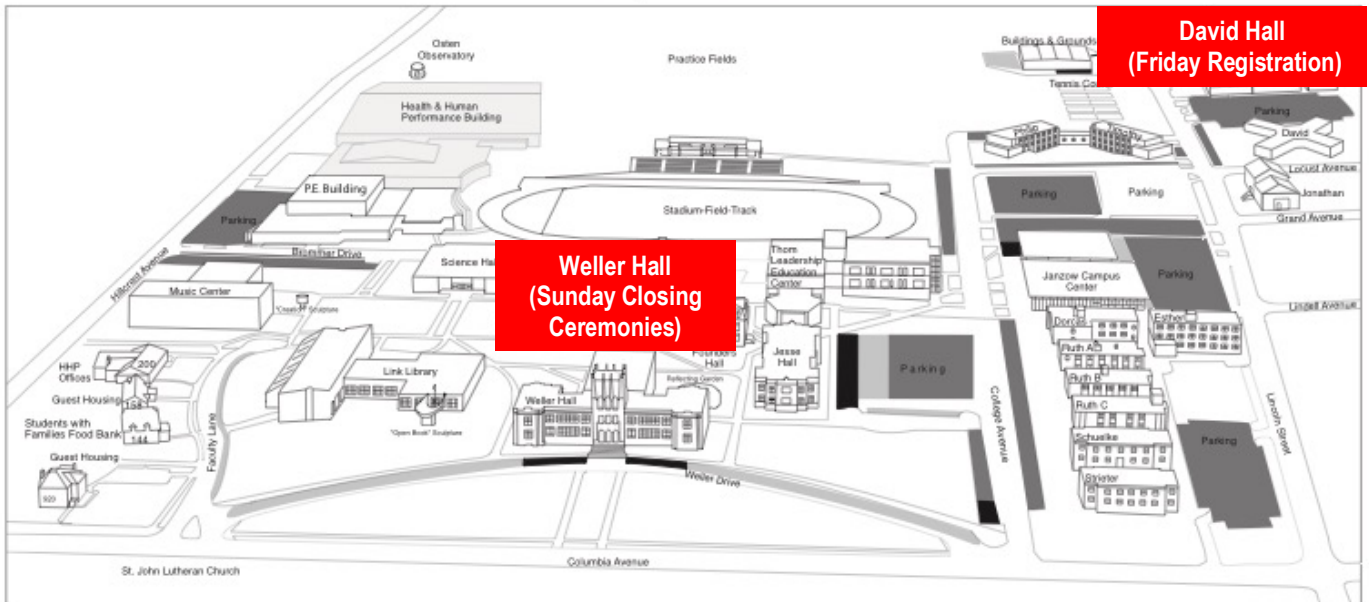
- Q: When and where will the Family & Friends Program and Closing Ceremony be held?**
A: The Family & Friends Program will begin at 10:00 a.m. on Sunday, May 31 in the **Weller Chapel (located within Weller Hall)**. Please arrive between 9:45-10:00 a.m. so we can begin on time. At approximately 10:25 a.m., the ambassadors will join us for the Closing Ceremony.
- Q: What happens after the Closing Ceremony?**
A: Immediately following the conclusion of the ceremony, your ambassador will depart with their small group and meet you at **Janzow Campus Center**. The Closing Ceremony should conclude at approximately 12:00 p.m. At this time, ambassadors will collect their luggage from the secure luggage area and depart the campus.
- Q: Where can I park at on campus?**
A: There is some parking adjacent to Janzow Campus Center, Weller Hall, etc., plus on-street parking. **It is recommended that you scout out parking areas when you drop your student off, so you are familiar with where to go on Sunday morning.**
- Q: What should I wear to the Closing Ceremony?**
A: The dress code for Sunday is business casual. We ask that guests do not wear jeans or shorts. (Note, this is "Sunday Best", not "Formal Attire.")
- Q: What if I have more questions?**
A: Please contact us **prior** to Sunday, as it will be very hectic on Sunday morning. Feel free to contact one of the following. Please leave a message if necessary and we will return your call.
Katherine Cole, Leadership Seminar Chair – (402) 750-9311
Bo Gebbie, Corporate Board President – (402) 968-5005

If you are not able to attend Family & Friends Program and Closing Ceremony:

- Q: What happens after the Closing Ceremony?**
A: Immediately following the conclusion of the ceremony, your ambassador will depart with their small group and meet you at **Janzow Campus Center**. The Closing Ceremony should conclude at approximately 12:00 p.m. At this time, ambassadors will collect their luggage from the secure luggage area and depart the campus. **Please pickup your student by 12:30 p.m. on Sunday, May 31.**
- Q: What if I have more questions?**
A: Please contact us **prior** to Sunday, as it will be very hectic on Sunday morning. Feel free to contact one of the following. Please leave a message if necessary and we will return your call.
Katherine Cole, Leadership Seminar Chair – (402) 750-9311
Bo Gebbie, Corporate Board President – (402) 968-5005



800 North Columbia Avenue Seward, Nebraska 68434 800 535 5494 admiss@cune.edu



Driving Directions:

From I-80: Take the Seward exit. Go north on Hwy. 15, 6 miles to the first stop light and turn right. Turn left at Columbia Avenue.
From U.S. 34: Turn north on Columbia Avenue.
From Hwy. 15 North: Proceed south on Hwy. 15 to Hillcrest Avenue and turn left at the Concordia sign. Turn right at Columbia Avenue.

- Visitor Parking Only
- Visitor, Faculty, Staff & Student Parking
- Faculty and Staff Parking Only



Nebraska HOBY Leadership Seminar Tentative Schedule

(Final schedule will be received onsite)

FRIDAY, MAY 29, 2020

| | | | |
|-------------|---|-------------|---|
| 11:00-12:00 | Ambassador Registration <i>Outside David Hall</i> | 1:30-2:15 | L4S Post-Project/SMART Goals – (Bo Gebbie) <i>Weller Chapel</i> |
| 12:05-12:30 | Ambassador Orientation/Ice Breakers/Cheers <i>Weller Chapel</i> | 2:15-2:30 | Life with HOBY/L4S 100 Hr Challenge (Katherine Cole & Travis Grafe-Cline) <i>Weller Chapel</i> |
| 12:30-1:45 | Breakout Groups – introductions, make group names and a roll call cheer <i>Outdoors/Janzow Lobby</i> | 2:30-2:45 | Module 3 Intro – Leadership in Society <i>Weller Chapel</i> |
| 1:45-2:15 | Roll Call & explain panels <i>Weller Chapel</i> | 2:45-3:40 | Module 3 – Leadership in Society - (Ferial Pearson) <i>Weller Chapel</i> |
| 2:15-2:45 | Module 1 Intro – Personal Leadership <i>Weller Chapel</i> | 3:40-4:15 | Module 3 Activity <i>Weller Chapel</i> |
| 2:45-3:45 | Module 1 Presentation – (Randa Zalman) <i>Weller Chapel</i> | 4:15-5:00 | Group Time |
| 3:45-4:25 | Module 1 Activity – Myers-Briggs <i>Outdoors/Janzow Lobby</i> | 5:05-5:20 | Bus departs for St. Vincent De Paul |
| 4:25-4:45 | College Prep – (Aaron Roberts) <i>Weller Chapel</i> | 5:30-6:30 | Church 5:30-6:30 <i>St. Vincent De Paul (Catholic)</i> 5:30-6:30 <i>St. John's (Lutheran)</i> 5:30-6:30 <i>Meditation (Cattle Conference Room)</i> |
| 4:45-5:30 | Group Pictures <i>Weller Chapel</i> | 6:30-7:15 | Dinner & Thank You Cards |
| 5:30-6:15 | Dinner <i>Janzow Cafeteria</i> | 7:15-9:00 | Dance <i>Cattle Conference Room</i> |
| 6:15-6:45 | Module 2 Intro – Group Leadership <i>Weller Chapel</i> | 9:00-10:15 | Reflections <i>Janzow Plaza</i> |
| 6:45-7:45 | Module 2 Presentation – (Jessica Brock) <i>Weller Chapel</i> | 10:15-11:00 | Get ready for bed / 11:00 Lights Out |
| 7:45-8:30 | Module 2 Activity <i>Weller Chapel</i> | 10:15-11:00 | Staff meeting <i>David Hall Lower Level</i> |
| 8:30-9:00 | Group Time | | |

SUNDAY, MAY 31, 2020

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|-------------|---|-------------|--|
| 7:10 | Rise and Shine Wake-Up | 7:15 | Rise and Shine Wake-Up |
| 7:45-8:30 | Breakfast | 7:45-8:15 | Checkout / Bring luggage to Cattle Conference Room |
| 8:30-9:30 | Leadership for Service Projects Overview & Warm Fuzzies Story <i>Weller Chapel</i> | 7:45-8:50 | Breakfast / 6-Month Letters <i>Janzow Cafeteria</i> |
| 9:30-12:00 | Leadership for Service Projects <i>Various Locations</i> | 9:00-10:15 | HOBY's Got Talent <i>Cattle Conference Room</i> |
| 12:00-12:45 | Lunch/Group Time | 10:00-10:25 | Family & Friends Program <i>Weller Chapel</i> |
| 12:45-1:30 | Cleanup from Service Projects | 10:25-12:00 | Closing Ceremony & Keynote – (Tony Veland) <i>Weller Chapel</i> |
| | | 12:00-12:15 | Small Groups Final Good-bye <i>On walk to Janzow</i> |
| | | 12:15-12:30 | Retrieve luggage / Final HOBY Store Payment |

Policy for Use of Medication During a HOBY Event

If a minor or adult participant is required to take medication during a HOBY event, including the HOBY Leadership Seminar, he/she must comply with the following guidelines:

1. HOBY volunteers will not dispense prescription medication for participants during the event.
2. Any participant bringing prescription medication to the event must submit a doctor's note or completed Physician Medication Verification Form to HOBY, preferably in advance or at the event check-in, detailing the following:
 - a. The name and type of medication.
 - b. The condition for which the medication is being prescribed.
 - c. Dosage information.
 - d. Attestation that use of the medication will not impair the participant's ability to care for his/her own safety or the safety of others; increase the risk of harm to others; or cause dizziness and/or fatigue.

This information is necessary to provide medical personnel in the case of emergency and the participant is unable to communicate the information. All prescription medication must be submitted to HOBY in its original container as labeled by the pharmacy. HOBY will store required medications in a locked facility. The medications a participant may be allowed to keep in his/her possession is any asthma medications (inhalers, oral steroids, etc.), birth control pills, acne medication, any topical medications, allergy medications, medications for treatment of diabetes (insulin, etc.) and EpiPens, as well as any other prescription medication required by the doctor to be in their possession at all times. But there will need to be a doctor's note completed and on file for all medication brought to the event, whether stored or not.

If a participant fails to advise HOBY that he/she is taking prescription medication, is not taking the medication as prescribed, and/or has stopped taking prescription medication, HOBY reserves the right to send the participant home at the participant's guardian or parent's expense.

3. If the participant has a medical condition that requires any assistance, the assistance must be provided or contracted directly by the participant or his/her parent/guardian. Under no circumstances will a HOBY volunteer help with dispensing medication. If help is needed on an emergency basis, emergency personnel will be contacted.
4. Proper administration and dosage of medication shall be the sole responsibility of the participant. HOBY will have no responsibility in seeing that the participant takes the medication as prescribed by the doctor.
5. Participants should only bring as much medication as will reasonably be needed during the event.
6. Participants are prohibited from sharing their personal medication with another participant. Conversely, participants are prohibited from accepting medication from anyone, other than HOBY medical staff.
7. Any participant bringing illegal drugs, narcotics, misused prescription drugs and/or mood-altering substances or alcoholic beverages to a HOBY event, using them on HOBY premises or dispensing or selling them on HOBY premises will be subject to disciplinary action, including automatic expulsion from the event. The discharged participant will be responsible for any charges/fees incurred as a result of leaving the event early (i.e. change in airfare, taxi, etc.). HOBY has a very strict/no-tolerance policy when it comes to drugs.



Only bring this form to check-in if will be using medication onsite at HOBY (per the attached medication use policy)

Medication Verification Form for Physicians

(Please type or print legibly)

(This form is to be completed by the participant's prescribing physician. If the participant has more than one prescribing physician, then each physician will need to complete a form. Please type or print legibly.)

1. Name of Participant/Patient: _____

2. Prescribing Physician Name: _____

3. Prescribing Physician Medical License Number and State where licensed: _____

4. Please complete the chart below for the medications which you have prescribed to the participant.

| Name of Medication | Type of Medication | Condition for Treatment | Dosage | Frequency |
|--------------------|--------------------|-------------------------|--------|-----------|
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5. Please affix physician's business card or voided prescription in the space below.

As the prescribing physician, I attest that the use of the medications prescribed by me, and taken as directed as listed above, should not impair the participant's ability to care for his/her own safety or the safety of others; increase the risk of harm to others; or cause dizziness and/or fatigue.

Signature of Prescribing Physician: _____

Date: _____